

# Health and Recreation Academy

## Academy Overview:

- The Health and Recreation Academy will provide a program of study for students who are interested in learning about careers in areas involving Health Sciences, Recreation and Fitness, and Social Health. The HR Academy will provide students with the foundation to pursue careers in fields where they can enhance people’s lives, improve the health of families and neighbors, and strengthen the social fabric of the community.

## Academy Pathways:

- The **Health Science Pathway** relates to careers including nursing, medical and veterinary doctors, and other medical fields. An estimated 20% of all jobs in the next decade will be in the Health field.
- The **Recreation Pathway** relates to careers including camp counselor, recreation director, and sports trainer.
- The **Social Health Pathway** relates to careers including school or family counselor, psychologist, and teacher.

- **Academy Certification:**

- Students will receive a certificate of completion and an official seal on their diploma for completing the required coursework for an academy pathway.
- Required of all students in the Health and Recreation Academy;
  - **Health (5 credits)**
  - **Psychology in Society (10 credits)**
  - **First Aid/CPR Certificate**
- Must select a minimum of 30 credits from within one of the following pathways (\*Future course offering. Additional courses may be offered in future school years).

<u>Health Science</u>	<u>Recreation</u>	<u>Social Health</u>
<ul style="list-style-type: none"> <li>• Chemistry</li> <li>• Biotechnology</li> <li>• Anatomy/Physi-ology</li> <li>• AP Biology</li> <li>• Sports Medicine</li> <li>• ROP: Sports Medicine</li> <li>• *Academy Internship</li> </ul>	<ul style="list-style-type: none"> <li>• Child Development I</li> <li>• Child Development II</li> <li>• Sports Medicine</li> <li>• ROP: Sports Medicine</li> <li>• Strength and Fitness</li> <li>• Team Sports</li> <li>• Beginning Dance</li> <li>• Advanced Dance</li> <li>• *Academy Internship</li> </ul>	<ul style="list-style-type: none"> <li>• AP Psychology</li> <li>• Child Development I</li> <li>• Child Development II</li> <li>• *Academy Internship</li> </ul>